

What we did

We celebrated International Women's Day on Tuesday 8th March and recognised the strength and bravery of the New Scot women in our group.

Step 1

We got together in a cosy, welcoming space in our community.

Step 4

We all wrote about things that remind us of Moments of Freedom and what friendship means to us. You can start with any idea!

Step 2

One of the women led the group and shared some of her tips on how to write poetry.

Step 3

We wrote in our mother languages of Pashto, English and Arabic, sharing ideas with the help of interpreters.

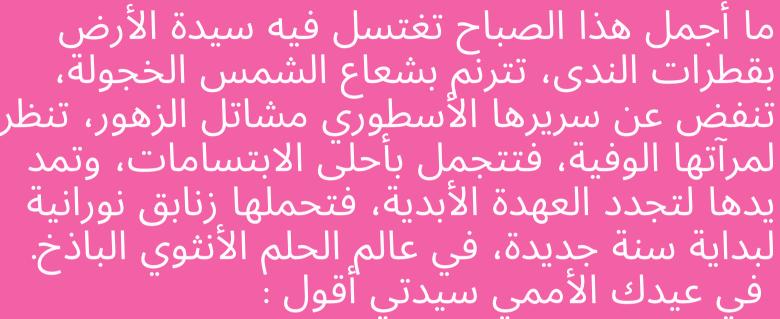
Step 5

We put the poems
we wrote together
to create our
International
Women's Day poem.

OUR POEMS







ولأنني امرأة... سأولد مع إشراقة كل صباح، مع ترتيلة كُل صلاة، سآولد من حنايا روحي المهترئة، سألملم بقايا أشلائي، ً ورماد احتراقی، وأزرعها زنابق تفوح بالحياة من جديد. كل عام وأنت حواء الباهرة كل عام وانت سيدتي. رمز للعطاء .



HOW BEAUTIFUL THIS MORNING THE LADY OF THE EARTH IS BATHED IN DEW DROPS SHE SINGS THE SHY RAYS OF THE SUN, SHAKES OFF HER LEGENDARY BED WITH FLOWER NURSERIES, LOOKS AT HER FAITHFUL MIRROR, BEAUTIFIES HER WITH THE SWEETEST SMILES, EXTENDS HER HAND TO RENEW THE ETERNAL COVENANT, AND CARRIES HER LUMINOUS LILIES FOR THE BEGINNING OF A NEW YEAR, IN THE WORLD OF THE LAVISH FEMALE DREAM.

ON YOUR INTERNATIONAL DAY, MADAM, I SAY: AND BECAUSE I'M A WOMAN... I WILL BE BORN WITH A RADIANCE EVERY MORNING, WITH THE HYMN OF EACH PRAYER. I WILL BE BORN FROM THE FRAYED FOLDS OF MY SOUL, I ASK THE REMAINS OF MY REMAINS, COMBUSTIBLE

ASH, AND I PLANT THEM LILIES THAT BREATHE LIFE AGAIN.

EVERY YEAR AND YOU ARE THE BRILLIANT EVE HAPPY NEW YEAR, MADAM. A SYMBOL OF GIVING.

























Our top tips

Tip 2

Don't worry if it takes some time, or you don't think it sounds good at first!

Tip 1

It's important to find a spark or inner inspiration. Choosing a topic you care about is very important as the subject you address is what ignites your inner inspiration.

Tip 3

The basis of writing poetry is a hobby. You should some have some interest to be able to learn. If you do not like poetry, it's more difficult to learn.

After our poetry session, the group put together some top tips for writing poetry for beginners.

Tip 4

Finally, you should try to read poetry to learn ideas and topics addressed by other poets. This helps your style and helps guide you to be distinguishable from others, without imitating them.

BONUS: BECOMING A PUBLISHED POET!

The Clydesider magazine held a poetry competition with the theme 'Change'. This topic connects to many of our life experiences, so we decided to enter. One of the women in our group, Niroz, turned everyone's ideas into a beautiful poem, 'Change'.

We submitted the poem ... and won!

It's published in Issue 19 of the Clydesider, on page 2. www.clydesider.org/publications

If you want to share your poetry, often local magazines, papers and newsletters have competitions. There are also poetry websites and journals you can send poems to for free.

Or you can post your writing on social media to share it with people.

OUR POEMS

Mummy [mummy]

ماما ماما يا ألحان املأ قلبي بندى الحب أنا أغني عيد ميلادك ، عيد ميلادي ابتسامة أمي سر وجودي أنا طائر يملأ بيتي تقبيل ماما وضح النهار أفتح عيني عند الفجر أرى ماما تمسح شعري أنا أحب ماما ، فادي ماما



POETRY COMPETITION WINNER

Change

By Niroz Yousif, on behalf of the Moments of Freedom group

My pen, gather all the words Scatter your letters in all languages Close the book of the past and memories Stop the clockwise for a moment Do not tell the pain and the stories Don't make it stations for humans Let's break the ice of distances And steal happiness and laughter To meet at all beginnings And put an end to all disputes And light the universe with love and prayers Let's drink doses of hope Pulse and love like butterflies Let's draw with love and looks To overcome all obstacles And we live in the kingdom of princes and princesses Imprint of civilizations Love is the most sacred of sacred things And love is the most beautiful sacrifice My pen collects the most beautiful words

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